



## UCS ATHLETICS - GIRLS VOLLEYBALL

Girls Volleyball is open to UCS students in grades 4-8.

Practices:

- Practice begins the first week of August
- Practices take place Monday - Thursday twice a week for 90 minutes in the UCS Gymnasium

CYO Competition:

- Saturdays or Sundays from late-August through mid-October
- Games are held at CYO member site locations throughout the greater Cleveland area
- Teams will consist of a minimum of 8 players
- Athletes from different grade levels may be combined in order to field a team
- Athletes may "play up" a maximum of 2 grade levels (ex. A 5th grader can play on a 7th grade team)

Uniforms:

- A UCS jersey and shorts will be provided for each athlete to wear during competition upon payment of the participation fee
- Athletes will need a pair of quality gym shoes and appropriate clothing for practices
- Knee pads must be worn and are the responsibility of the athlete
- Uniforms must be returned at the end of the season

If you have any questions about the UCS athletic program, please contact Chris Tipton at [ctipton@urbancommunityschool.org](mailto:ctipton@urbancommunityschool.org).