



## UCS ATHLETICS

Urban Community School is excited to offer sports programming to provide physical activity, skill-development, and an opportunity to compete for its students in grades 1-8. UCS participates in the CYO Athletic Program.

The Urban Community School athletic program relies heavily on volunteers to serve as coaches and to help coordinate events. All volunteer coaches must be CYO certified and complete a background check.

[CYO Member Volunteer Application](#)

[CYO Coaching Requirements](#)

Participants in the athletic program must have parental/guardian consent as well as medical authorization. Preparticipation Forms are good for a 13-month period and must be submitted each school year in order to participate. UCS offers sports physicals through the school health program prior to each athletic season. A completed Preparticipation Form is required to be on file prior to engaging in any practices or competitions.

[CYO Preparticipation Form](#)

UCS is first and foremost a school with academics and whole-child development being the primary focus. An [Eligibility Policy](#) is in place for students in grades 5-8 to help support their growth and academic success.

The support and cooperation of student-athletes and families is an integral part of a quality program. Student-athletes and families are expected to abide by the UCS [Athletic Agreement](#) throughout their experience.